

5.1.2: Following capacity development and skills enhancement activities are organised for improving students' capability

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**

Academic Year 2022-23

➤ 1. Activities conducted on Soft Skills

1.1 Report on session “Resume Writing” conducted on 4th & 5th May 2023

The Resume Writing Workshop held at Management Education and Research Institute (MERI) on May 4th, 2023, organized by the Management Department, was a valuable and practical event that empowered BBA students and also on 5th May for other Departments (MBA, BAJMC and BCA) students with the knowledge and skills necessary to craft compelling and effective resumes.

A well-constructed resume is a crucial tool for students and job seekers as they enter the competitive job market. The Management Department at MERI recognizes the importance of imparting the art of resume writing and offering students the opportunity to create impressive resumes that reflect their skills and experiences. Mr. Adarsh Rai, founder of HR Brain Hub educated students about the key components of an effective resume, including formatting, content, and style and tailor their resumes to specific job opportunities and industries. Key takeaways of the session were:

- An introductory session explained the fundamental elements of a well-structured resume, including contact information, career objectives, education, work experience, skills, and achievements.
- Formatting, layout, and aesthetics, ensuring that resumes were visually appealing and easy to read.
- Guided on how to craft compelling descriptions of their work experiences and accomplishments.
- Participants had the opportunity to have their existing resumes reviewed and receive constructive feedback.

Session ended up with vote of thanks given by Dr. Shikha Gupta, Program coordinator of BBA and memento as token of appreciation to the esteemed speaker.

Glimpses:





Resume writing Session on eth and 5th May, 2023

1.2 Report on Workshop Session on HR Personality Development & Presentation skills on 22nd to 28th April 2023

Title: Workshop Report: HR Personality Development & Presentation Skills by Vivek Nanda

Date: April 22nd to April 28th, 2023

Organized by: MERI (Modern Education & Research Institute)

Facilitator: Vivek Nanda

Participants: Approximately 200 students across various courses including B.COM (H), BBA, MBA, BCAThe workshop aimed to enhance the HR personality development and presentation skills of students from diverse academic backgrounds. It sought to equip them with practical knowledge and techniques essential for succeeding in the professional world.The workshop spanned seven days, from April 22nd to April 28th, providing a comprehensive learning experience for the participants. Each day was structured around various topics relevant to HR personality development and presentation skills.

Day 1: Introduction to HR Management and Personality Development

Vivek Nanda introduced the concept of HR management and its significance in organizational success. Participants engaged in interactive sessions focusing on self-awareness, self-assessment, and personal development strategies.

Day 2: Effective Communication Skills

Importance of effective communication in HR roles and professional settings. Practical exercises and role-plays to improve verbal and non-verbal communication skills.

Day 3: Presentation Skills and Public Speaking

Techniques for delivering impactful presentations and overcoming stage fear. Participants prepared and delivered short presentations, receiving constructive feedback from peers and the facilitator.

Day 4: Leadership Development

Understanding the traits of effective leaders and their role in HR management. Group activities and case studies to explore leadership qualities and decision-making skills.

Day 5: Team Building and Conflict Resolution

Strategies for building and managing diverse teams in the workplace. Role-playing scenarios to practice conflict resolution and negotiation techniques.

Day 6: Emotional Intelligence and Stress Management

Importance of emotional intelligence in HR roles and maintaining work-life balance. Exercises and discussions on managing stress and fostering resilience.

Day 7: Mock Interviews and Wrap-up

Mock interview sessions to simulate real-life job interviews and receive feedback. Summary of key takeaways from the workshop and closing remarks by Vivek Nanda.

The workshop provided participants with valuable insights and practical skills essential for their professional growth. By actively engaging in interactive sessions, exercises, and role-plays, students gained confidence in their communication, presentation, leadership, and interpersonal skills. The mock interview sessions helped them understand the expectations of potential employers and how to effectively showcase their abilities. Overall, the workshop contributed to the holistic development of students across various courses, preparing them for successful careers in HR and related fields.



1.3 Report on Enhancement of “Interview Skills” 20th April 2023

Placement cell has arranged 2 days soft skill workshop for all students on 20th and 21st April 2023 in which 250 Students have participated in 6 hours sessions (from 10am to 4 pm) on each day followed by four rounds as below:

1. Introduction session of each student
2. GD Session of 10 students group
3. Aptitude Test of 45 minutes
4. Personal Interview round of each student





Enhancement of Interview Skills Session 20th April 2023

The soft skills workshop, conducted on 16th Nov, 10th Oct, 31st Oct, 14th Nov, 19th Dec, 2nd Jan and many other sessions, aimed to equip participants with essential life skills, fostering personal and professional growth. The event commenced with an engaging session by Mr. Adarsh Rai, a renowned motivational speaker. Mr. Adarsh Rai's session centered on communication and interpersonal skills. He emphasized the importance of effective communication in building relationships and achieving success in both personal and professional spheres by sharing various real life cases like coca cola, Lifeboy etc. Participants learned techniques for active listening, empathetic communication, and public speaking, which are crucial soft skills.

Ankit Ravindra Jain who is also alumni of MERI, a distinguished personality development coach, conducted the second session. His workshop focused on self-motivation, leadership, and stress management. Participants were introduced to techniques for setting and achieving goals, cultivating leadership qualities, and effectively handling stress and pressure. Mr. Jain's session empowered attendees to develop resilience and take charge of their personal and professional lives.

In conclusion, the soft skills workshop featuring sessions by Vivek Nanda, Ankit Ravindra Jain, and the Ikegai session by Mr. Debojit Singh effectively addressed more than 450 students across the courses for holistic development. Participants gained valuable insights and practical skills that will undoubtedly contribute to their personal and professional growth, making such workshops an integral part of educational and professional development initiatives.

1.4 Report on “Case Study Competition” held on 17th -18th March, 2023

Inter college Case study competition was organized by Department of Management Studies on 17th and 18th March 2023 to enhance the analytical and writing skills of students. In this competition 13 teams participated enthusiastically. Case studies were written by faculties of MERI College and students were given two hours time to solve the case on 17th March. On 18th March teams were asked to give present their solution in front of Panel of Judges Dr. Neogi, Dr. Deepshikha Kalra and Dr. Samarth Singh. Panel of Judges selected three best solution of cases and winners were given cash prize; 6000 cash prize for first position, 3000 cash prize for 2nd position and 2000 cash prize for third position. First prize won by Aksa, Pragati and Bhavya of MBA first year

MERI College, Second prize won by Dhriti Kathuria, Mohamad Zama and Gulam Ali Abbasi of MERI PLI, Sampla and third prize won by Aryan Anand and Devika Gupta of JIMS Vasant Kunj.



Case Study Competition held on 17th -18th March, 2023

1.5 Report on Experiential Learning through “Art Integrated Learning Activity”

On January 20, 2023, an engaging Experiential Learning Activity through Art Integrated Learning was conducted at Management Education and Research Institute (MERI) by Dr. Shikha Gupta. The event was arranged by the students of MBA and BBA. The event hosted by Bhavya Mittal, Pragati Saxena and Aksha Sara Abraham. The event, focused on accounting and financial knowledge, employed creative tools such as working models to offer students a hands-on, immersive learning experience.

In this activity 10 teams of students of MBA and BBA participated. Teams prepared model on working capital, depreciation, accounting concepts and conventions and assets and liabilities and explained with practical examples. Teams presented model illustrating the concept of compound interest using a moving gear system, making it visually appealing and easy to understand. Participants showcased real-world financial scenarios focused on topics such as budgeting, investment decisions, and financial planning. Dr. Shikha Gupta led

interactive discussions on the integration of art and accounting knowledge, encouraging students to reflect on their experiences and learning.

The winners were awarded with trophies. Names of the awardees are -Pooja, Tamanna Dwivedi, Smridhi Bhatia, Lata Baura, Shradha Verma. The 1st and 2nd runner up were presented with certificates. 1st Runner up were Abhishek Eram Kausar, Eram Ansari, Pragati Jha & Riya Vasisth and 2nd Runner up were Anshika, Rakshat Anand, Rakshit Nagarkoti, Shagun Kumar and Vanshika Bharadwaj. This activity gave students access to a variety of learning and comprehension methods while also encouraging their imagination, originality, and individual interpretation of concepts and subjects.

Glimpses:



Art Integrated Learning Activity on 20th Jan 2023

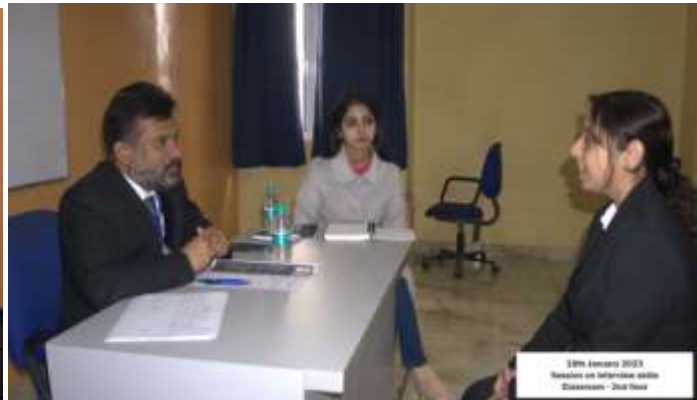


1.6. Report on session “ HR Mock Interview” held on 18th January 2023

HR club of MERI college organized Mock Interviews session on 18th January, 2023 for the students of MBA to prepare them industry ready and remove their hesitation while appearing for interviews. Industry experts:

1. Mr Bhupendra Kaushal - Head HR Zydus
2. Ms Monika Dadhich-DGM HR Tempsens Group
3. Mr Ravi Vemketaraman- GM HR Toyo Ink
4. DR Ravindrann - GM HR - India Steel
5. Mr Ravi Bhatnagar - Global HR - Big 4 Consulting

were invited from HR, Marketing and Finance fields. Students was given immediate feedback and captured in a form designed for the same so that the respective HR faculties can further work upon them to develop the students.



Mock Interview Session Held on 18th January, 2023

1.7 Report of Guest Lecture on “IKIGAI & Leadership Skills” held on 21st December, 2022

Literary Club of Management Education and Research Institute organized a two hours seminar on IKIGAI and Leadership Skills on December 21, 2022 in 4th floor seminar hall for the students of BBA and MBA. The seminar focused on the how to define the purpose of our life by using the popular Japanese Technique IKIGAI and how to develop good leadership skills.

The highlight of the workshop was the Ikegai session conducted by Mr. Debojit Singh, founder of Crack ED, an expert in holistic well-being. Ikegai, a Japanese concept, revolves around finding one's true purpose in life. Mr. Singh's session guided participants in discovering their passions, strengths, and areas of fulfillment. Attendees were encouraged to align their personal and professional pursuits with their inner values and interests, fostering a sense of purpose and satisfaction

Mr. Debojit discussed about the 4 Golden question which comes Under IKIGAI, which helps a person to determine what is their purpose of life. He discussed about each question in very detail. He said that you are good at what you doing when others are praising you for the work, You'll not be good at what you are doing on day 1. If you love doing what you do, It is easy to keep at it and eventually you He talked about how leadership give the privilege to elevate the lives of people. He further talked about people management that, a leader manages things but he cannot and does not manage a person, he leads a person. Leaders should actually care about each person on their team, they should always give attention to get attention if they want. It is very much important to have the feeling of togetherness among the team members, team feeling, demonstrated caring, Egalitarian Treatment etc. He mentioned about the Golden Circle which contains WHY, HOW & WHAT. He said that finding the why of yours is very important, it should be answered because after that your How and What will eventually be answered. If the purpose of the work, i.e. WHY do you want to do something is clear to you, you will find automatically find HOW you can do it and WHAT exactly you need to do it. Don't do things just because others are doing it, do it because you want to do it.

Then he talked about Self leadership that before leading others you should lead yourself. It included three aspects and those are Self awareness in which you check your own character first before doing it for others, Self Reflection in which he asked the students to always ask themselves how did they do, at the end of the day and last Self Regulation i.e. Decide what you want to have and then be self disciplined to do it.

Glimpses

**Ikigai and Leadership Skill Session on 21st December, 2022****1.8 Report of Workshop on “Corporate & Startup Innovators forum 3.0” organized by MERI Startup Hub on 05th May 2022**

As MERI startup Hub sees consolidation of its activities bringing on board a bevy of startups, incubators, and mentors in its quest to emerge as a single biggest collaborative platform for tech startup community, setting up innovative partnerships and forging meaningful synergies with all stakeholders of the tech ecosystem overall the states which has been its primary focus.

The overall objective of the MERI StartupHub at MERI College is to establish the practical application of knowledge to facilitate entrepreneurship. By allowing potential students to get the chance to submit their creative ideas through competitions and brainstorming, and also examining original and creative ideas or concepts put forth by students, researchers, and faculty members from a range of societal and commercial sectors. Students are supplied with resources to design prototypes beneficial for promoting agriculture and rural development, which is also the one of goals of the incubation center. It also serves as a platform for students to transform their ideas into technological innovations. A beginning was made to develop our students and convert inventions into a crucial driver for economic progress, and ideas and innovations, which flow gradually with the start-ups. The major startups started by the students are Carpool, De Zaina (e-aggregator for Budding Fashion), baniyababa.com, and Yourstartup 9 etc. Students are encouraged to gain hands-on experience and better Industrial Exposure.

Post launch, the department has organized number of activities and programmes including ‘Corporate startup connect Forum 3.0 on 5th May 22, ‘Entrepreneurship & Innovation Growth Fest 1.0’ on startup India Day 16th January 22, and, ‘Women entrepreneurs & Innovation Growth Fest 2.0’ on 8th March 22, ‘Creativity & Innovation workshop series 4.0’ in May 22. It aims to provide necessary facilities for start-ups, such as mentoring, fund-raising, and technological support. Every member is nurtured by industry experts, management, and faculty. The MERI Start-up cell is eager to conduct a variety of seminars, speaker sessions, creative competitions, and games for prospective entrepreneurs and to help them by offering the tools they need, including funding, mentorship, consulting, and networking. This centre acts as a complete support system that provides hands-on experience in innovation and entrepreneurship. Every member is nurtured with the industry experts, management, and faculty.



1.9 ABHISANSKARAN 2022(Alumni Interaction) by Adarsh Rai on 05-05-2022

Aim of the program was to support emerging talent in order to help them become content, emotionally intelligent, and skillful people who look beyond the norm and further find themselves and to acquire the knowledge and skill set necessary to find work and remain active in the current market. The session was given by Mr. Adarsh Rai, Founder and CEO - HR Brainhub. The students enthusiastically participated, and they were also given deadlines to finish the assigned tasks in order to effectively implement future sessions. The initiative assisted in Career readiness programmes integrate employability skills among students, providing them with a

competitive edge during interviews, internships, and jobs by enriching them with soft skills such as creativity, communication, teamwork, problem-solving, critical thinking, cultural competency, etiquette, and professionalism.

As rightly said by Winston S. Churchill, "Success is not final; failure is not fatal: It is the courage to continue that counts." Ms. Sheela Narang Wadhwa, Assistant professor, MERI on the behalf of entire MERI fraternity, extended a warm welcome to all dignitaries, guests, faculties and our young minds present there. The aim of this program was to familiarize you all with the teaching methodology and the innovative methods of learning in the institute. Everyone stood up to honor the beautiful land of our country and sing the national anthem. As

per the tradition, the program started with MERI Code of Conduct. Prof. (Dr.) Tapash Dey Sir, Head HR, MERI for apprised us with the code of conduct. The dignitaries and guests were welcomed with the saplings as an expression of our affection and respect. The event proceeded with the welcoming address to the audience by Prof. Lalit Aggarwal Sir, Vice President, MERI group of institutions and SK Goel Sir.



1.10 Report on “One Day workshop on Print & Digital Media on 21st May 2022



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DEPARTMENT OF JOURNALISM & MASS COMMUNICATION

Organizing

One Day Workshop On

Writing for Print and Digital Media

Saturday • 21st May, 2022 • Time: 12 PM Onwards • Mode: Offline

- SPEAKER -

<p>CONVENOR</p>  <p>Ms. Nivedita Sharma Assistant Professor JMC, MERI</p>	<p>- SPEAKER -</p>  <p>Mr. Prabhal Upadhyay Assistant Editor The Indian Express Group</p>	<p>CO-CONVENOR</p>  <p>Mr. Rahul Kumar Assistant Professor JMC, MERI</p>
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52-55, Institutional Area, Janakpuri, New Delhi - 110058 • Telephone: 011-28522201-04 • E-mail: meribs@meri.edu.in • Website: www.meri.edu.in

1.11 Report on “Three day workshop on Mobile Journalism and Television Production on 18th May 2022

Resource Person: Sh. Prabhu Jhingran



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DEPARTMENT OF JOURNALISM & MASS COMMUNICATION

Organizing

A 3 Days Workshop On

Mobile Journalism & Television Production

MOJO 18th May, 2022 • TP 19th-20th, 2022 • Time: 11 AM Onwards • Mode: Online

- SPEAKER -

<p>CONVENOR</p>  <p>Mr. K. K. Sharma Head Training and Placement MERI</p>	<p>- SPEAKER -</p>  <p>SH. PRABHU JHINGRAN Deputy Director General (Print) Dissemination, Bhopali, Bhande</p>	<p>CO-CONVENORS</p> <p>Ms. Nivedita Sharma Assistant Professor, JMC, MERI</p> <p>Mr. Rahul Kumar Assistant Professor, JMC, MERI</p> <p>Mr. Rakosh Kr. Verma Assistant Professor, JMC, MERI</p>
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1.12 Report “Guest Lecture on HR & Personality Development Work Shop held on 25th March, 2022 by Mr. Vipin Sarin from Access HR Solutions.

MERI college, Janakpuri: Students of BA(JMC) attended a guest lecture by DR. Vipin Sarin, general secretary, newspaper association of India on the topic of “the importance of medium and small scale newspapers.” The students gets to know about the number of news channels and newspaper publications. Students gets to know

about hard work behind exclusive photos and how the reporters have to sit anywhere in the streets to get that one proof, struggle behind that live reporting, how the reporters have to work 24/7. Apart from this there was felicitation of the students who are chosen as “the student of the month”. They were given certificates and in the end there was a photo session also. Overall the students get to know about every hard work that the reporters do for their news even if it is a small news or a big news. Students learn about many things and experiences.





1.13 Report on Women Entrepreneurship and Innovation Growth Fest 2.0 organized by MERI Startup Hub on 08th March 2022

The factors that influence women entrepreneurs in India tend to vary greatly from those that affect men and play a significant role in a woman's ability to establish, run and grow an enterprise. Starting with profile of 'prof. (Dr) Anjali Nigam Ma'am – Head Incubator , MERI college. she opens the conference to the audience with the topic 'Startup India' she speaks for 5 mins. And then she shared the conference with 'prof Lalit Aggarwal Sir' , Vice President of MERI group of Institution. He also share his views on Startup India an initiative of our Prime Minister of India. After that one video of EDC IIT Delhi starts, then Anjali Ma'am invites Mr. Supreet Singh , Co founder Star Shield Technologies he starts and end up with initiative of his journey of star shield & then she presented token of appreciation to Mr. Supreet Singh sir. Then Anjali Ma'am shares the conference with ' Luv Aggarwal Sir ' he shares his views on the startup India and his journey, he ends up; and Anjali Ma'am present token of thanks to 'Lalit Aggarwal Sir' .Then she invites ' Ayush Nigam ' the next speaker he is a serial social entrepreneurs, B.TECH from IIT he also shares his views on startup India and many more about his journey, he ended up. Anjali Ma'am present token of thanks to 'Ayush Nigam Sir. Then she shares the conference with 'Mr. Harsh Lal Sir', he is the founder and CEO of medic fibres , he also shares his valuable views and completed

then token of thanks presented to him. Then Anjali Ma'am invites 'Manasa Gocher' she is not here in the meet because of some health issue then token of thanks presented to her. Some thoughts were shared by 'Sanchit Sir' and by all above entrepreneurs. After that some questions were asked by them to the students and some students replied and then some entrepreneurs shares there marketing strategy and many more about the topic and session of Panel discussion ends up.

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START IN UP A Government of UP Initiative | **EDC IIT DELHI** | **MERI COLLEGE** | **27** YEARS IN BUSINESS | **PUSA KRISHI**

MERI Incubation Center
Celebrates
International Women's Day

Women Entrepreneurship & Innovation Growth Fest 2.0

WOMEN ENTREPRENEURS HACKATHON

Open to Socially Sustainable Startup Ideas / POCs / Prototype
8th March, 2022 • Time: 10:30 AM - 02:30 PM • Mode: Online

FOCUS AREAS:

- EdTech
- HealthTech
- Agritech
- Net Zero Carbon
- Waste to Wealth
- Renewable Energy
- EVs & Automotive Sustainability

- For Registration -

WIN AN OPPORTUNITY TO:

- Be a part of MERI Startup Hub INCUBATOR CENTER.
- Get a chance to be one of the Top 5 Startups going to an entrepreneurship tour Boot Camp.
- Extensive Mentorship / Industry connect throughout your startup incubation.
- VC / Angel Funding Opportunities.
- Exclusive access to Life@MERICollege.

Prof. Dr. Deepshikha Kalia Dean, MLH | **Prof. Dr. Anjali Nigam** HEAD, Incubation Center, MLH | **Prof. Lalit Agarwal** Vice President, MERI

For More Information: Dr. Anjali Nigam, Professor & Head Incubator, MERI, GGSIP University • Mobile No.: 98733 69074 • E-mail: dranjali.nigam@meri.edu.in



1.14 Entrepreneurship and Innovation Growth Fest 1.0 on 16th January 2022

Management Education and Research Institute
 Celebrates
Entrepreneurship & Innovation Growth Fest 1.0

KEY HIGHLIGHTS
 Panel Discussion • Students' Marathon • Open Innovation Forum

16th January, 2022 • Time: 11 AM - 2 PM • **zoom**

HIGH IMPACT STARTUPS

Sugrath Singh Founder Star Shield Technologies	Lax Aggarwal Co-founder, Optimales Corp. New York, USA	Ajayh Nigam Member of World Economic Forum & Co-Founder, Distinct Horizon & PureScanAI
Harsh Lal Founder and CEO Medifibers	Sankit Aggarwal Data Scientist Turned Agpreneur Alumnus, IIT-Hyderabad	Manasa Banerjee Co-Founder & CEO PureScanAI

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Management Education and Research Institute
 Celebrates
Entrepreneurship & Innovation Growth Fest 1.0

KEY HIGHLIGHTS
 Panel Discussion • Students' Ideathon
 Open Innovation Forum

16th January, 2022 • Time: 11 AM - 2 PM • **zoom**

OPEN INNOVATION FORUM

Dr. Shweta Chandra A Post Doctoral Fellow at the Social & Intelligent Robotics Research Lab, Waterloo University	Dr. Nitish Singh Professor & Consultant Global Business, Innovation & Social Media University of Saint Louis
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CONTACT US: 9873388074 • Prof. (Dr.) ANJALI NIGAM - Head, Incubator, MERI College

Link for Registration form: <https://cuti.ly/7M5A0H28>

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1.15 Report on Pre placement Drive 2021-2022 held on 21st and 22nd December 2021

Title: Pre-Placement Drive Report 2021-2022

Organized by: MERI (Modern Education & Research Institute)

Total Participants: Approximately 200 students

Date: 21st and 22nd December 2021

The Pre-Placement Drive organized by MERI aimed to bridge the gap between students and potential employers, providing students with opportunities for internships, training, and job placements. The drive aimed to enhance students' employability skills and facilitate connections with leading companies across various industries. The Pre-Placement Drive conducted by MERI for the academic year 2021-2022 witnessed active participation from around 200 students across different disciplines. The drive featured a series of activities and events designed to prepare students for the challenges of the job market and facilitate interactions with recruiters.

Key Activities:

Workshops and Training Sessions:

MERI organized workshops and training sessions focusing on resume building, interview preparation, and soft skills development.



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PHONES : 011-28522201, 28522202, 28522203 FAX : 011-28522204

E-MAIL : meribs@meri.edu.in Website : www.meri.edu.in

Industry experts and career counselors provided valuable insights and guidance to students to enhance their employability.

Mock Interviews: Mock interview sessions were conducted to simulate real-world interview scenarios and help students refine their interview skills.

Feedback sessions following the mock interviews provided students with constructive criticism and areas for improvement. Company Presentations and Recruitment Talks:

Leading companies from various sectors were invited to deliver presentations and recruitment talks to students.

These sessions offered students insights into company culture, job opportunities, and recruitment processes.

Placement Drives: MERI facilitated placement drives where companies conducted interviews and recruitment processes on campus.

Students had the opportunity to interact directly with recruiters and showcase their skills and qualifications.

Outcome: The Pre-Placement Drive served as a platform for students to gain exposure to the corporate world and interact with potential employers. Through workshops, training sessions, and mock interviews, students enhanced their employability skills and gained confidence in their ability to secure job placements. The recruitment drives provided students with valuable opportunities to connect with leading companies and explore job opportunities across diverse industries. Feedback from students who participated in the Pre-Placement Drive was overwhelmingly positive. Many students expressed gratitude for the opportunities provided by MERI to interact with recruiters and gain insights into the job market. They appreciated the support and guidance received from faculty members and career counselors throughout the process. Overall, the Pre-Placement Drive was instrumental in preparing students for successful transitions into the workforce, and students eagerly anticipate similar initiatives in the future.



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Pre Placement Drive 2021-2022

21st & 22nd December, 2021

ENHANCE YOUR EMPLOYABILITY SKILLS!



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Report on Alumni Talk Series for Corporate Connect on



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ALUMNI TALK SERIES



Mr. Salman Ahmed
MERI Alumni 2018-20 Batch
Debt Manager, ICICI Bank LTD.



Mr. Shubhankar Soni
MERI Alumni 2018-20 Batch
Debt Manager, ICICI Bank LTD.

Career Opportunities in Banking Industry

Tuesday 19th Oct. 2021 • Time: 11 AM - 12 PM • Mode: Online

52-55, Sewa Marg, Institutional Area, Janakpuri, New Delhi-58 • Web: www.meri.edu.in

1.16 Report on Seminar on Radio Journalism on 30th September 2021

Objective:

The seminar aimed to delve into the nuances of radio journalism, providing students with insights into the unique characteristics, challenges, and opportunities within the field. Through discussions and presentations, participants gained a deeper understanding of the role of radio in modern media landscapes and the essential skills required for success in radio journalism. Conducted on September 30th, 2021, the seminar offered an immersive exploration of radio journalism under the guidance of Jainendra Singh, an esteemed professional

from All India Radio. The session was structured to cover various aspects of radio journalism, including storytelling, news reporting, program production, and audience engagement.

Introduction to Radio Journalism: Jainendra Singh provided an overview of the evolution and significance of radio journalism in the media industry.

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MEDIA CELL
with the collaboration of
JOURNALISM & MASS COMMUNICATION DEPARTMENT
Organizing
RADIO JOURNALISM
Thursday, 30th September, 2021 • Time: 12 PM Onwards • Venue: Seminar Hall
- SPEAKER -
CONVENOR
Prof. (Dr.) Dilip Kumar
Head of Department
Journalism and
Mass Communication
JAINENDRA SINGH
All India Radio, New Delhi
CO-CONVENOR
Mr. Rahul Kumar
JMC Department
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Discussed the unique characteristics of radio as a medium for news dissemination and storytelling. Skills and Techniques in Radio Reporting: Explored the essential skills required for effective radio reporting, including writing for radio, voice modulation, and interview techniques. Shared insights into the art of crafting compelling narratives and engaging stories for radio audiences.

Production and Programming:

Discussed the process of radio program production, from concept development to scriptwriting and editing.

Explored different program formats, such as news bulletins, talk shows, and music programs, and their role in catering to diverse audience preferences.

Challenges and Opportunities in Radio Journalism:

Addressed the challenges faced by radio journalists, including limited resources, time constraints, and evolving audience preferences. Highlighted the opportunities for innovation and creativity in radio journalism, leveraging digital technologies and multimedia platforms.

The seminar provided participants with a comprehensive overview of radio journalism, equipping them with valuable insights and practical skills for pursuing careers in this dynamic field. By engaging with industry professionals and exploring real-world case studies, students gained a deeper appreciation for the role of radio in shaping public discourse and disseminating information. The session inspired participants to explore the diverse opportunities within radio journalism and to leverage their skills and creativity to make meaningful contributions to the field. Participants expressed appreciation for the seminar, citing its relevance and

informative content. They commended Jainendra Singh for his expertise and engaging presentation style, noting the clarity and depth of the insights shared during the session. Many participants indicated a desire for more seminars or workshops on advanced topics in radio journalism, underscoring the importance of continued learning and skill development in this specialized field.

1.17 Report of Youth Seminar on Role & Responsibilities of Youth in Nation Development organized by MERI on 12th January 2021

The Intellect Club of Management Education and Research Institute affiliated to Guru Gobind Singh Indraprastha University, New Delhi has organized youth seminar on January 12, 2021 on the “Role and Responsibilities of Youth in Nation Development”. The seminar was conducted via Google Meet at 1:30 PM (IST). The students of BA (JMC), first semester has participated in the seminar, Prof. (Dr.) Dilip Kumar, Head of Department of Journalism and Mass Communication was the honorable judge, along with some Faculty members.

The session began with the traditional Saraswati Vandana followed by the welcoming the judge, Prof. (Dr.) Dilip Kumar. Many students have participated and 12 different speeches were delivered by the students in the youth seminar. They highlighted the main points on how youth can help the nation and what is stopping them in doing so. After the speeches another round was held called Question Answer Round, in which the participants actively took part in casting their opinions and were asked questions by the honorable judge and the hosts. At the end, PROF. (DR) Dilip Kumar delivered the speech to all students, motivating them to actively take part in all the activities and reminded everyone not to forget their own traditions before adopting others.

At the end, each and every participant was awarded with the certificate of participation and winners with certificate of merit to boost their confidence and to encourage them to speak. On this positive note the session was successfully concluded and vote of thanks were given.

1.18 Report of webinar on “ Career Opportunities in Media Post Covid-19)organized by MERI from 20th June 2020, 12 pm onwards

The Department of Journalism and Mass Communication of Management Education and Research Institute organised a Webinar in association with Info Prime News on the topic 'Career opportunities in media post Covid19'. Mr.Shishir Sinha and Mr. Denis Campbell along with the moderator Ms.Avneet Kaur, graced the occasion.



Objective of the event

- To motivate the students to pursue their goal with determination
- To clear the doubts of students regarding their field
- To inform students about the work opportunities which will come post Covid19

Report

The Department of Journalism and Mass Communication of Management Education and Research Institute organised a webinar on “Career opportunities in media post Covid19”, in collaboration with Info Prime News. Mr. Shishir Sinha, Senior Deputy Editor, Hindu Business Line; Mr. Denis Campbell, Senior General Manager, PR Professionals and Prof. (Dr.) Dilip Kumar, Head of Department, Journalism and Mass Communication, MERI College graced as the thought leaders for the event. The webinar was moderated by Ms. Avneet Kaur, Editor-in-Chief, Info-Prime News. It was conducted through Facebook Live through Info-Prime News. It was an enlightening event with discussions based on topics like fake news and how it can be prevented, career opportunities to be explored, nuances of being a good journalist, effect of Covid19 on economy and marketing, and what changes will come further in this field. The panelists also discussed about the upcoming changes in the field of journalism and skill requirements in order to pursue this field further. Further, the guests shared their past experiences with the students. Lastly, the panelists addressed audience queries, including students, research scholars and faculty members from leading institutions. It was indeed a knowledgeable interaction.

Faculty coordinators

Ms. Nivedita Sharma



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Ms. Saloni Saini

Dr. Vanshika Bhatia

Mr. Amrendra Aarya

Student coordinators

Kunika Chaudhary

Srishti Gupta

1.19 Report on Quiz competition on 11-04-2020

The quiz can be described as a type of game where competitors try their best to answer the questions in less time. Quiz competition is to test the knowledge of students apart from studies like general affairs, current affairs, history and etc.

The quiz competitions are organised to revamp the education system and provide students with a break from regular classroom learning. Quizzes are interactive platforms where students participate not only to win a prize or become famous but also to absorb knowledge, seek opportunities to flourish outside of the classroom, and safeguard their future. Students develop the habit of inventive learning early on since questions are based off-syllabus and demand critical thinking and thorough study. Students must form teams to participate in quizzes, which allows them to practice their collaboration skills. In the view of the importance of enhancing creative thinking and testing deep knowledge in students. The competition began at 12:30PM in Room 104 and ended at 2:30PM. Total teams participated were 12 each consisting of 3 team members. The external judge was Dr. Sumit. The participants were asked questions in 3 rounds. 1st round consisted 10 written MCQ based questions, each to be answered in 30 seconds. Further, 2nd round of rapid fire included 10 questions to be answered in 15 seconds each. And last round i.e., the final round consisted 3 visual or audio questions, each to be answered in 30 seconds. There was a tie breaker round too at the end. The quiz included questions related to current affairs, recent trends, Indian History & General Knowledge. The teams participated in the quiz very enthusiastically & answered the questions accordingly. The judge declared the results as 1st position given to Muaz Ahmed, Khushboo & Sam from MERI and 2nd position to Ananya Mudgal, Harsh Vats & Vikram Chandel and presented the prizes to the respective winners.

1.20 Report “Guest Lecture on HR & Personality Development Work Shop held on 25^h March, 2021 by Mr. Vipin Sarin from Access HR Solutions.

MERI college, Janakpuri: Students of BA(JMC) attended a guest lecture by DR. Vipin Sarin, general secretary, newspaper association of India on the topic of “the importance of medium and small scale newspapers.” The students gets to know about the number of news channels and newspaper publications. Students gets to know about hard work behind exclusive photos and how the reporters have to sit anywhere in the streets to get that one proof, struggle behind that live reporting, how the reporters have to work 24/7. Apart from this there was felicitation of the students who are chosen as “the student of the month”. They were given certificates and in the end there was a photo session also. Overall the students get to know about every hard work that the reporters do for their news even if it is a small news or a big news. Students learn about many things and experiences.





1.21 Report on Webinar: Career opportunities in media post COVID19 on 20th January, 2021 at 12 noon onwards

The Department of Journalism and Mass Communication of Management Education and Research Institute organised a Webinar in association with Info Prime News on the topic 'Career opportunities in media post Covid19'. Mr. Shishir Sinha and Mr. Denis Campbell along with the moderator Ms. Avneet Kaur, graced the occasion.

Objective of the event

- To motivate the students to pursue their goal with determination
- To clear the doubts of students regarding the field
- To inform students about the work opportunities which will come post Covid19

The Department of Journalism and Mass Communication of Management Education and Research Institute organised a webinar on “Career opportunities in media post Covid19”, in collaboration with Info Prime News. Mr. Shishir Sinha, Senior Deputy Editor, Hindu Business Line; Mr. Denis Campbell, Senior General Manager, PR Professionals and Prof. (Dr.) Dilip Kumar, Head of Department, Journalism and Mass Communication, MERI College graced as the thought leaders for the event. The webinar was moderated by Ms. Avneet Kaur, Editor-in-Chief, Info-Prime News. It was conducted through Facebook Live through Info-Prime News.

It was an enlightening event with discussions based on topics like fake news and how it can be prevented, career opportunities to be explored, nuances of being a good journalist, effect of Covid19 on economy and marketing, and what changes will come further in this field.

1.22 Report of webinar on “Brand Yourself for a Promising Career Ahead organized by MERI from 6th June 2020

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Presents

Webinar on
Brand yourself for Promising Career Ahead

6th June, 2020
(11:00 AM - 12:00 Noon)

Mr Vivek Nanda
Motivational Speaker, Happiness Coach
Former National Sales Head, Sharp Business

Mr Lokesh Pratap Singh
M.Tech, IIT Delhi

Register now <https://forms.gle/jxAUXwqok7fxrKxv8> **Contact. 9555369369**

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ORGANIZING COMMITTEE: Prof. A.K. Agrawal, Dean, MERI

Prof. (Dr.) Deepshikha Kalra

Prof. Ritu Aggarwal

Dr. Sumit Chauhan

Dr. Samarth Singh (Convenor)

Mr. Vivek Nanda-Motivational Speaker, Happiness Coach, Former national Sales Head, Sharp Business Mr. Lokesh Pratap Singh. M.Tech IIT, Delhi The webinar started with a brief about the importance of creating a brand for self, if a student wishes to excel in life. Mr. Vivek Nanda talked about the seven secret mantras of success and how by strictly following the mantras, students can gain a control over their day to day routine.

They also guided students in terms of which courses are apt for students from different streams. He highlighted upon the growing need of knowledge enhancement and utilizing this lockdown time to gain as much knowledge as possible. Mr. Lokesh Pratap Singh briefed about the way students can prepare themselves for various entrance exams and what study schedule should they follow. He also explained the topics that are usually covered under various entrance exams and how students create a plan for themselves and their career. Both the speakers, handled the queries of the participants and answered them with restraint. The webinar ended with a vote of thanks to the speakers and participants.

1.23 Report of webinar on “Straight from the heart Y2: Youth to youth Talk. You, I & We: Let’s Beat the Challenge organized by MERI from 9th June 2020

ORGANIZING COMMITTEE: Prof. A.K. Agrawal, Dean, MERI

Prof. (Dr.) Deepshikha Kalra

Prof. Ritu Aggarwal

Dr. Sumit Chauhan (Host)

Dr. Samarth Singh

Dr. Maitri

Dr. Gurpreet Kaur Chhabra(Convenor)

SPEAKERS INVITED: Mr. Ankit Ravindra Jain, Income Tax Officer, Josh Talk Speaker

Mr. Mohd. Kamran, Founder Digital IMC, Former Campaign

Specialist at Google

Mr. Himanshu Sundriyal, Area ManagerThe webinar started on a positive note with a youth inspiring and motivating song on “Tum Chalotoh Hindustan Chale”. The first speaker, Mr. Ankit Jain highlighted the role of self-motivation and inspired the young participants. He prompted the youngsters to look for motivation inside instead of seeking it outside. He briefed the young participants about his story and how was able to crack his entrance exams, how he prepared for government jobs and what should be the study schedule of students who aspire to be in administrative positions. Students were quite enthusiastic in asking questions and were indeed very attentive in catching the tips that Mr. Ankit shared during his talk. Mr. Mohd. Kamran was the second speaker and he shared about the role and importance of digital

marketing and cloud computing. He shared his experiences as an entrepreneur and also appraised the students with requirements, to be one. He shared about the teething problems that young entrepreneurs often face and how students can overcome these problems. He answered many queries raised by the participants about the scope of blogging, the raising demand of vlogging and scope of setting up a digital enterprise.

The third speaker, Mr. Himanshu, talked about the corporate life and how prepared himself for the job interviews and what is the scope of marketing, finance and other specializations opted by students at PG level. The results of a nation- wide quiz (Quintessential Quiz, Level 1) organized earlier where announced during the webinar and students were informed about details of level 2. The webinar ended with a vote of thanks to the speakers and the participants.

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Webinar
on
Straight from the Heart
Y2: Youth to Youth Talk
YOU, I AND WE :LETS BEAT THE CHALLENGE

Keynote Speakers

Mr. Mohd. Kamran
(Founder Digital IMC,
Former Campaign Specialist
Google)

Mr. Himanshu sundriyal
AE, ITC

Mr. Ankit Jain
Income Tax Officer,
Josh Talk Speaker

9th June, 2020
11:00 am

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1.24 Report of Youth Seminar on Role and Responsibilities of Youth in Nation Development organized by MERI on 12th January 2021

The Intellect Club of Management Education and Research Institute affiliated to Guru Gobind Singh Indraprastha University, New Delhi has organized youth seminar on January 12, 2021 on the “Role and Responsibilities of Youth in Nation Development”. The seminar was conducted via Google Meet at 1:30 PM (IST). The students of BA (JMC), first semester has participated in the seminar, Prof. (Dr.) Dilip Kumar, Head

of Department of Journalism and Mass Communication was the honorable judge, along with some Faculty members.

The session began with the traditional Saraswati Vandana followed by the welcoming the judge, Prof. (Dr.) Dilip Kumar. Many students have participated and 12 different speeches were delivered by the students in the youth seminar. They highlighted the main points on how youth can help the nation and what is stopping them in doing so. After the speeches another round was held called Question Answer Round, in which the participants actively took part in casting their opinions and were asked questions by the honorable judge and the hosts. At the end, PROF. (DR) Dilip Kumar delivered the speech to all students, motivating them to actively take part in all the activities and reminded everyone not to forget their own traditions before adopting others.

At the end, each and every participant was awarded with the certificate of participation and winners with certificate of merit to boost their confidence and to encourage them to speak. On this positive note the session was successfully concluded and vote of thanks were given.

1.25 Report of Economic survey Discussion organized by MERI on 20th March 2021

The poster is for an event titled "Economic Survey Discussion 2020-21" held on Saturday, 20th March, 2021, from 11 AM to 1 PM. It is organized by the Department of Management Studies at MERI College. The central theme is "Monetary Management and Financial Intermediation". The poster features a central graphic of a 3D bar chart with a red bar being the tallest, and a green bar chart below it. Surrounding this graphic are several key economic areas: Fiscal Developments, External Sector, Prices & Inflation, Services, Industry and Infrastructure, Agriculture and Food Management, and Social Infrastructure, Employment and Human Development. At the bottom, there are three circular portraits of the speakers: Prof. (Dr.) Deepshikha Kalia, Dr. Parvati Singh, and Dr. Neha Sood. The MERI College logo and a 25th anniversary emblem are also present.





1.26 Report on Webinar on basics of Television News anchoring on 12th may 2021 by Mr. Pawan Kumar Sharma

Total students participated were 110.



Title: Report on Webinar: Basics of Television News Anchoring

Date: May 12th, 2021 , Hosted by: Mr. Pawan Kumar Sharma

Total Participants: 110 students

The webinar aimed to provide students with insights into the fundamentals of television news anchoring, covering essential skills, techniques, and best practices for effective broadcasting. Conducted on May 12th, 2021, the webinar offered a comprehensive introduction to the art of television news anchoring. Mr. Pawan Kumar Sharma, an experienced professional in the field, led the session and shared his expertise with the participants.

Introduction to Television News Anchoring:

Mr. Pawan Kumar Sharma provided an overview of the role of a news anchor in television broadcasting.

Discussed the importance of credibility, neutrality, and professionalism in delivering news content to the audience.

Essential Skills for News Anchoring:

Explored key skills required for effective news anchoring, including voice modulation, pronunciation, and diction.

Provided tips for maintaining composure, confidence, and clarity while delivering news updates.

Techniques for Engaging the Audience:

Shared techniques for capturing and retaining the audience's attention during news broadcasts.

Discussed the importance of storytelling, empathy, and connecting with viewers on a personal level.

Handling Breaking News and Live Reporting:

Offered insights into the challenges and responsibilities associated with reporting breaking news events.

Provided guidance on maintaining accuracy, impartiality, and professionalism in live reporting situations.

The webinar equipped participants with foundational knowledge and practical insights into the field of television news anchoring. By understanding the essential skills, techniques, and responsibilities of a news anchor, students gained a deeper appreciation for the complexities of broadcast journalism. The session provided a valuable learning experience, empowering participants to pursue further exploration and training in this dynamic field. Participants expressed appreciation for the webinar, highlighting its informative content and relevance to their academic and professional interests. They commended Mr. Pawan Kumar Sharma's expertise and engaging delivery style, noting the clarity and practicality of the insights shared during the session. Many participants indicated a desire for more webinars or workshops on advanced topics in television news anchoring, underscoring the value of continued learning and skill development in this field.

1.27 Report of Youth Seminar on Role & Responsibilities of Youth in Nation Development organized by MERI on 12th January 2021

The Intellect Club of Management Education and Research Institute affiliated to Guru Gobind Singh Indraprastha University, New Delhi has organized youth seminar on January 12, 2021 on the "Role and



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Responsibilities of Youth in Nation Development”. The seminar was conducted via Google Meet at 1:30 PM (IST). The students of BA (JMC), first semester has participated in the seminar, Prof. (Dr.) Dilip Kumar, Head of Department of Journalism and Mass Communication was the honorable judge, along with some Faculty members.

The session began with the traditional Saraswati Vandana followed by the welcoming the judge, Prof. (Dr.) Dilip Kumar. Many students have participated and 12 different speeches were delivered by the students in the youth seminar. They highlighted the main points on how youth can help the nation and what is stopping them in doing so. After the speeches another round was held called Question Answer Round, in which the participants actively took part in casting their opinions and were asked questions by the honorable judge and the hosts. At the end, PROF. (DR) Dilip Kumar delivered the speech to all students, motivating them to actively take part in all the activities and reminded everyone not to forget their own traditions before adopting others.

At the end, each and every participant was awarded with the certificate of participation and winners with certificate of merit to boost their confidence and to encourage them to speak. On this positive note the session was successfully concluded and vote of thanks were given.

1.28 Report of webinar on “Gamification: Personality Mapping & Career selection organized by MERI from 13th June 2020

ORGANIZER: MERI, MANAGEMENT & IT DEPARTMENT

ORGANIZING COMMITTEE: Prof. A.K. Agrawal, Dean, MERI

Prof. Ritu Aggarwal

Prof. (Dr.) Deepshikha Kalra

Dr. Sumit Chauhan (Host)

Dr. Samarth Singh

Dr. Maitri

Dr. Gurpreet Kaur Chhabra

Dr. Pramjot Singh (Convenor)SPEAKERS INVITED:

Dr. Navneet Kaur Popli- Senior Security Analyst, Calgary, Alberta, Canada

The webinar started with a very positive note because the participants were very excited about the topic and were enthusiastic to learn more about the relation between online games and their personalities. Dr. Navneet Kaur was equally enthusiastic to share her knowledge about the subject. She discussed about 16 basic personality traits and how these personalities play a specific type of game that not only matches but also enhances their personality. She also discussed that by knowing one's personality type, a student can choose a career, course or profession, in accordance to personality of the individual. She discussed about personality types such as: ISTJ, INFJ, INTJ, ENFJ etc. and the types of story based, horror based and attack or competition-based games and avatars the players take up in these games reflect about their personality. Participants were keen to raise queries and Dr. Navneet patiently and aptly answered all the queries raised by the students. The webinar ended with a vote of thanks to the speaker and participants.

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25
Anniversary

Webinar
on
**Gamification: Personality Mapping
& Career Selection**

Keynote Speaker

Dr. Navneet Kaur Popli
Calgary, Alberta, Canada

13th June, 2020
11:00 am

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1.29 Report of webinar on “ Career Opportunities in Media Post Covid-19) organized by MERI from 20th June 2020, 12 pm onwards



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Objective of the event

- To motivate the students to pursue their goal with determination
- To clear the doubts of students regarding their field
- To inform students about the work opportunities which will come post Covid19

The Department of Journalism and Mass Communication of Management Education and Research Institute organised a webinar on “Career opportunities in media post Covid19”, in collaboration with Info Prime News. Mr. Shishir Sinha, Senior Deputy Editor, Hindu Business Line; Mr. Denis Campbell, Senior General Manager, PR Professionals and Prof. (Dr.) Dilip Kumar, Head of Department, Journalism and Mass Communication, MERI College graced as the thought leaders for the event. The webinar was moderated by Ms. Avneet Kaur, Editor-in-Chief, Info-Prime News. It was conducted through Facebook Live through Info-Prime News. It was an enlightening event with discussions based on topics like fake news and how it can be prevented, career opportunities to be explored, nuances of being a good journalist, effect of Covid19 on economy and marketing, and what changes will come further in this field. The panelists also discussed about the upcoming changes in the field of journalism and skill requirements in order to pursue this field further. Further, the guests shared their past experiences with the students. Lastly, the panelists addressed audience queries, including students, research



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scholars and faculty members from leading institutions. It was indeed a knowledgeable interaction.

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Student coordinators

Kunika Chaudhary

Srishti Gupta

➤ 2. Activities conducted on Language and communication skills

2.1. Report of workshop on T.V Programme Production and Communication Skills held on 27th April, 2023

The T.V Programme Production and Communication Skills Workshop conducted by Mr. O. P. Dewal at the Management Education and Research Institute (MERI) on April 27, 2023, organized by the Bachelor of Arts in Journalism and Mass Communication (BAJMC) Department, was a highly informative and engaging event.



Session on TV Program Production and Communication Skills on 27/4/2023

Mr. O. P. Dewal delivered a session on effective public speaking, emphasizing voice modulation, pacing, and addressing stage fright. Students of all branches were invited to attend this workshop. Students were engaged in practical exercises to develop their active listening skills and improve their ability to conduct interviews. The workshop covered the essentials of news writing, article writing, and press release composition, providing hands-on writing experience. Participants learned how to use body language to convey confidence and professionalism. Attendees actively participated in group discussions, role-plays, and Q&A sessions.

2.2 Report of “Session for MBA students by KPMG on enhancing Communication skills organized by MERI held on 11th January 2023



Key highlights: An immersive, hands-on programme helps the students of MBA 3rd semester to gain confidence to facilitate different kinds of meetings, learning sessions or team huddles by Mr. Amit. Total students participated were around 200. It helps them to learn very effective tools and practical tips to facilitate engaging sessions across different formats of virtual and in-person. It also enabled the participants to learn by contributing to their own learning. The students able to develop more networking, peer to peer learning, Personalised feedback from seasoned facilitators, Application and practice focused.

2.3 Report on “Writing for Print Media” workshop held on 26th April, 2023

The Writing for Print Media Event organized by the BAJMC department at MERI on 26th April 2023 was a tremendous success, achieving its objectives of promoting writing skills and creativity among students for the students of all branches. Resource person Mr. Sadanath Pandey provided a valuable opportunity for students to experience the world of print media and journalism in a practical and engaging way. The Event was designed to promote and encourage budding journalists and writers to sharpen their skills in print media content creation.

Participants were given a current event or topic and asked to write a news article in a newspaper format. Students had the opportunity to craft feature articles on various subjects of their choice. Aspiring editors showcased their skills by writing editorials on contemporary. Students reviewed and critiqued each others work, promoting peer learning and constructive feedback.

Glimpses:



Session on Writing for Print Media on 26/4/2023

2.4 Report on Radio Communication skills 4th March 2023

Seminar on Radio Communication Skills was organized by the Bachelor of Arts in Journalism and Mass Communication (BAJMC) Department, MERI on 4th March, 2023 was a highly informative and engaging event. In this seminar students of BAJMC participated from all the semesters. Seminar started with welcome note of Nutan Bharti, HoD of BAJMC department of distinguished speaker Dr. R. Sreedhar. It provided a platform for learning, skill development, and networking. The practical knowledge and insights gained are invaluable and will undoubtedly prove beneficial in my current and future endeavors.



Seminar on Radio Communication Skills held on 15th March, 2023

2.5 Report on “The 21st Century Skills” held on 4th March, 2023

Ted^x speaker Ankit Ravindra Jain who is also alumni of MERI, a distinguished personality development coach, conducted the second session. His workshop focused on self-motivation, leadership, and stress management. Participants were introduced to techniques for setting and achieving goals, cultivating leadership qualities, and effectively focused on self-motivation, leadership, and stress management. Participants were introduced to

techniques for setting and achieving goals, cultivating leadership qualities, and effectively handling stress and pressure. Mr. Jain's session empowered attendees to develop resilience and take charge of their personal and professional lives.



2.6 Report Special Lecture on “ Increasing the efficiency of (Public) Policies through Behavioral Interventions held on 23rdNovember, 2022

It's frequently essential to alter behavior to address societal issues. We must consider how we can encourage individuals to save more and spend less if we want them to become indebted less frequently. Make sure individuals exercise more and eat less sugar and fat if we want them to be healthier. Finding strategies to encourage students to visit school is necessary if we want to lower student absenteeism. Hence, Behavioral-based intervention in designing public policies has become an important field of study in recent years with empirical studies devoted to analyzing how to design better policies from the fields of behavioral economics, social psychology, sociology, anthropology, economy, political science, design (human-centered design and design thinking), or effective state and non-state bureaucracies throughout the world. Therefore, Management Education and Research Institute and Guru Gobind Indraprastha University, New Delhi organized a “Special Lecture on Increasing the Efficiency of Public Policies through Behavioral Interventions” jointly on 23rd November 2022 to apprise students about the practical and theoretical implications of behavioral-based intervention in designing public policies.



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Swati Chawla, Assistant Professor – Management and Prog. Coordinator BCOM(H), delivered the inaugural address and National Anthem was played as a tribute to the Nation as it makes us proud, unifies us, reminds us of our heritage, promotes patriotism and gives us a sense of direction. Our Dignitaries and guests- Hon. Prof Dr. Anetta Caplanova Mam, Phd., Professor Of Economics, Department of Economic Theory, Faculty of National Economy, The University of Economics, Bratislava, Hon. Prof Dr. Eva Sirakovova Mam, Phd., Assistant Professor of Economics, Department of Economic Theory, Faculty of National Economy, The University of Economics, Bratislava, Hon. Prof Durgesh Tripathi, GGSIP University and Hon. Prof. Lalit Aggarwal Sir, Vice President, MERI Group of Institutions were presented with a bouquet of flowers as an expression of reverence and respect.

The event proceeded with a welcome address given by Prof. Lalit Aggarwal Sir, Vice President, MERI group of institutions. He shared his thoughts on the relevance of peace education in today's scenario. Our Honourable Guest Prof. Dr. Anetta Čaplánová Mam, professor of economics at the Department of Economic Theory, Faculty of National Economy, the University of Economics in Bratislava gave an insightful session on the relevance of behavioral approach for the fiscal framework. Our Guest Prof. Dr. Eva Sirakovová Mam, Assistant Professor at the Department of Economic, Faculty of National Economy, University of Economics in Bratislava gave an enlightening session on behavioral interventions at the level of local governments in order to improve the effectiveness of public policies.

Prof. Dr. Tapash Dey, Head HR, MERI presented our esteemed guests Hon. Prof. Dr. Anetta Caplanova, Dr. Eva Sirakovova and Prof. Durgesh Tripathi with a memento as an expression of our gratitude and the inexplicable bond we have forged with them. The event concluded with a Vote of Thanks proposed by Dr Deepshikha Kalra, Dean, MERI.

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Organises

SPECIAL LECTURE ON
Increasing the Efficiency of (Public) Policies through Behavioral Interventions

Wednesday - 23rd Nov. 2022 - Time: 11:30AM - 02PM - Venue: MERI College (Seminar Hall, 4th Floor)

SPEAKERS

 **Prof. Anetta Čaplánová**
PhD., Professor of Economics,
Department of Economic Theory,
Faculty of National Economy,
The University of Economics, Bratislava

 **Eva Sirakovová**
PhD., Assistant Professor of Economics,
Department of Economic Theory,
Faculty of National Economy,
The University of Economics, Bratislava

ORGANISERS

 **Prof. Lalit Aggarwal**
Vice President
MERI College

 **Prof. Durgesh Tripathi**
Professor
GGSIP University

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In association with
Guru Gobind Singh Indraprastha University

52-55, Institutional Area, Janakpuri, New Delhi - 110058 - Tel: 11-28522201-04 - E-mail: meribs@meri.edu.in - Web: <https://meri.edu.in>

➤ 3. Life Skills and Other Activities Organized by MERI (Yoga, Physical fitness, Health and Hygiene)

MERI emphasizes the importance of life skills and holistic development among students. It assesses the efforts of educational institutions in imparting essential life skills and conducting activities that contribute to the personal and social development of students. This report provides an overview of various activities organized by MERI during the academic year 2022-23, focusing on life skills, hygiene, cleanliness, awareness, and more. MERI recognized the significance of life skills in preparing students for the challenges of the future.

3.1. Yoga

Event: Literacy Programme on Women and Youth Safety on 07th Feb 2023

Convener: Dr. Deepshikha Kalra, Mr. Amit V Hans, Mr. Pawan Jha, Ms. Shweta Ahuja, Ms. Sheela Narang Wadhwa

Timing: 11am onwards

Venue: Delhi Police Headquarters, Delhi

Report:-

Under professional ethics NSS unit of the MERI college visited on 7th February 2023 at Delhi Police Headquarters for attending the launch of a two month campaign on Digital Literacy Programme on Women and

Youth Safety in collaboration with Meta India. The objective of this campaign is online safety of youth and women, disseminating Meta cyber safety initiatives in collaboration with Delhi Police. The renowned officials of Delhi Police and Meta India explained students how to prevent cyber crimes, and how to make people aware of different ways of committing cyber crimes, and how they can prevent themselves and their near ones who might fall prey to such acts.

The students of various courses along with female volunteers of NSS unit of the MERI college today visited at Delhi Police Headquarters for attending the launch of a two month campaign on Digital Literacy Programme on Women and Youth Safety in collaboration with Meta India. The objective of this campaign is online safety of youth and women, disseminating Meta's cyber safety initiatives in collaboration with Delhi Police. The renowned officials of Delhi Police and Meta India explained students how to prevent cyber crimes, and how to make people aware of different ways of committing cyber crimes, and how they can prevent themselves and their near ones who might fall prey to such acts.

Glimpses:

3.2 Yogasana performed on 25th January, 2023

On 25th January, 2023 Dance and Music club celebrated Republic day where students performed various Yogasana to give push to Fit India Movement. One of our student who is expert in Yogasana and give training outside as well played the role of instructor for all the students and faculties. On this day all the participants take the oath to include Yoga in their routine life.

Glimpses



Yogasana performed on 25th January, 2023

3.2 International Yoga day on 21st June, 2023

MERI Celebrated International Yoga day on 21st June, 2023 in the premises of MERI college, where around 180 students participated enthusiastically and performed various Yogasna.



International Yoga Day celebrated on 21st June 2023

3.3 Report on Annual Sports Meet SPARDHA-2023 on 10th-11th March, 2023

MERI Group of Institutions successfully organized the Annual Sports Meet under Fit Mantra@MERI on 10th-11th March, 2023. Over 100+students from all the branches participated in the SPARDHA-2023 with great energy and enthusiasm. Our honorable Vice-President Prof. Lalit Aggarwal and SDM, Sampla motivated students with their words of wisdom.

Winners of the various sports events as follows:

Name of the event: Badminton

Boys	1 st Position	PARAS SHARMA
	2 nd Position	KARAN SHARMA
	3 rd position	ABHINAY KULSHRESTHA
Girls	1 st Position	DEEPALI
	2 nd Position	AKANKSHA SHARMA
	3 rd position	TANISHKA BHAGOTRA

Name of Event: Table Tennis

Boys	1 st Position	PARAS KATHURIA
	2 nd Position	ROHIT SINGH
	3 rd position	AKASH PANDEY
Girls	1 st Position	JESMIN NAHAR
	2 nd Position	DEEPIKA PATHAK
	3 rd position	SHAURYA BAJAJ

Name of the Event: Chess

Boys	1 st Position	HARSH SEJWAL
	2 nd Position	HARSH TUSHAR
	3 rd position	KUSH AGGARWAL
Girls	1 st Position	ILEEN KAUR
	2 nd Position	JHANVI ARORA
	3 rd position	JYOTI TAKKAR

Name of Event: 100mtr, 200mtr, 400mtr and 4*100mtr Relay Race

100 Meter

	3 rd position	MANSI MISHRA
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Boys	1 st Position	NITEN SINGH BASNAL
	2 nd Position	HARSH
	3 rd position	ABHISHEK TOMAR
Girls	1 st Position	CHARU BATRA
	2 nd Position	ANUSHKA PUN

200 Meter Race

400 Meter Race

Boys	1 st Position	GAURAV TARA
	2 nd Position	AJAY SINGH
	3 rd position	KARAN ARORA
Girls	1 st Position	BHAVYA GROVER
	2 nd Position	AANSHIKA
	3 rd position	PRIYANKA MEHTA

Hurdle Race

Boys	1 st Position	ARYAN TANWAR
	2 nd Position	ASHISH JOSHUA DAS

Winners of cricket team

AKSHIT GOYAL
AMANDEEP SINGH
ANKIT PANDEY
DHRUV SHARMA
HARSHITA MALHOTRA
MANAV ARORA
MIHIR SHARMA
MITESH RAWAT
MOHD SHAHZEB ASHRAF
MUKUND KHANDELWAL
NAMAN BUTTAN

Winners of Tug of War

Abhishek Raj
Rishi Kesh
Shubham Tiwari

Boys	1 st Position	ANMOL LUTHRA
	2 nd Position	NOEL GREEN
	3 rd position	Mukul Tanwar
Girls	1 st Position	JANVI MANN
	2 nd Position	MUKUL TANWAR
	3 rd position	ISHIKA
	3 rd position	DEV ARORA
Girls	1 st Position	AAKANKSHA
	2 nd Position	AKSA JOHNSON
	3 rd position	ANAMIKA MISHRA

Prakash
Mayank
MD Danish Raza
Md Salman
Suraj Giri
Kalash
Tarun
Radhika Kumari

Glimpses:



Fitness Mantra @ MERI



Children who are physically fit absorb and retain new information more effectively than children who are out of shape. With a view to develop the sports activities in our students we provide coaching at all platforms in different aspects of sports such as badminton, table tennis, table tennis, table tennis, table tennis, basketball, basketball, basketball.

Annual Sports Meet held on 10th-11th March, 2023

3.4 Event Jumba Dance held on 25th January, 2023

Jumba dance is not only an effective fitness activity but also a celebration of culture and community. Its roots in traditional African dance bring a rich and vibrant history to the world of fitness. As the fitness industry continues to evolve, Jumba remains a testament to the power of dance in promoting health and well-being. On 25th January, 2023 Dance and Music club celebrated Republic day where students did warm up session and performed Jumba dance and other dance performances on patriotic songs under the instructor Mr. Sumanta Das which led students to stay fit with dance.

Glimpses:



Warm up session for Jumba and Dance performance held on 25th January, 2023

3.5 Ssakthi camp

CSR Club Aaghaz of MERI in association with Delhi Police organized Five days CSR Ssakthi camp to provide training self-defence for female students of the college. Chief guest of this camp were Mr. Mukesh Meena, Spl. Commissioner of Police, Training alongside him was Mr. Manish Meena, Asst. Commissioner MCD. More than 100 females of the college participated in the event. Women's self-defense ultimately gives women freedom, as they are able to defend themselves against both mental, emotional and physical challenges. Women who are afraid to express themselves are confined by their fears.



Ssakthi Camp organized from 26th December, 2022 -2nd January, 2023

3.6 Report on Expert lecture series on Disaster Management (Health and Safety) held on 24th September, 2022

The expert lecture series on Disaster Management was started by inaugural speech by MS. Sheela Narang, Assistant Professor, MERI College. The speaker for the Expert Lecture Series on Disaster Management was Mr. M.K. Chattopadhyay, District Officer, Fire Services on 24th September 2022 in seminar hall 4th floor. He discussed about meaning and aim of disaster management. Further he discussed about what disaster, effects, its types and how we can prevent the disaster. He spoke on Delhi Fire services and its strengths, Delhi management centre, he discussed about what is fire, stages of fire, fire triangle, extinguishment methods, classification of fire, problems in fire, killer gases, who provides heat, electrical short circuit, naked flames, hot surfaces, exothermic reaction, wiring at home, precautions in wiring, use correct wire, fire safety measures, fire extinguishers, doorways, hose reel , wet riser/ down comer, sprinkler system, automatic detection system, yard hydrants, manual call point, passageway, exit, compartmentation, access, types of fire extinguisher, method of operation water CO2. The mock drill was conducted in MERI lawn where students made acquaint about how to escape during fire burst and use fire extinguisher. The session was ended with the question answer round followed by vote of thanks. The memento was presented to the speaker by Dr. Tapash. The session was very informative listeners were attentive and attended the lecture from start to end with zeal and enthusiasm.

Glimpses:



1. Disaster management event on 24th September, 2022

2. Fire Drill on 24th September, 2022



3. Fire Drill on 24th September, 2022

4. Disaster management event on 24th September, 2022

3.7 Report on “Creative Problem Solving” Life Skill workshop held on 21st November, 2022

On November 21, 2022, MERI College had the privilege of hosting a life-changing workshop on Creative Problem Solving. The workshop was conducted by the renowned expert, Dr. Anjali Nigam, and was attended by students from various branches of the college. This report aims to provide an overview of the workshop and its impact on the participants of all branches. Dr. Anjali Nigam began by introducing the concept of creative problem solving and its relevance in various aspects of life, including academics, career, and personal development. Participants analyzed real-life case studies to understand how creative problem solving has been applied successfully in different scenarios. Small group activities encouraged collaboration and brainstorming,

allowing students to put their problem-solving skills into practice. Dr. Nigam shared a range of problem-solving techniques and tools, such as brainstorming, mind mapping, and SWOT analysis, providing students with practical strategies. The workshop explored methods to boost creativity and enhance innovative thinking, including the importance of a growth mindset.

Glimpses:



Life Skill workshop on Creative Problem Solving on 21st November, 2022

3.8 Hygiene and Cleanliness Drive:

Promoting hygiene and cleanliness is crucial for the well-being of both students and the community. CSR club Aagaz, MERI organized a Hygiene and Cleanliness Drive on 13th September, 2022 in Janakpuri D Block and on 16th February, 2023 in Nasirpur Village that focused on creating awareness about the importance of cleanliness and maintaining a hygienic environment. Students actively participated in cleaning and beautifying the surroundings. Workshops on personal hygiene and sanitation practices were also conducted to instill good habits among students.



Cleanliness Drive in Janakpuri D block 13/9/2022 and Nasirpur adopted village by MERI on 16th February, 2023

3.9 Report on “ One day Entrepreneurship Awareness program association with MSME at MERI held on 20thDecember, 2022

This event bestow valuable insights and knowledge about entrepreneurship that aimed at helping young entrepreneurs to put their ideas into action, bring an attitudinal and behavioral change in the target group and build their personal entrepreneurial skills. This forum is to connect the innovators and startups with the Ministry of MSME. It also aims to creating need-based, high-impact innovations, along with building confidence of startups through advice and guidance of officials and domain experts.

Before the event took a formal start, the traditional ceremony as a tribute was given to Maa Saraswati. Light is a symbol of brightness and prosperity as sunlight expels the darkness of night by bringing prosperity and happiness in our lives. To make this event a blessed one, we must invoke goddess Saraswati by lighting the lamp of knowledge and wisdom along with SARASWATI VANDANA. All the dignitaries were requested to do lamp lighting ceremony.

Followed by the National Anthem as it makes all proud, unifies, reminds of heritage, promotes patriotism and gives a sense of direction.

As per the tradition, the program starts with MERI Code of Conduct which was presented by Prof. (Dr.) Tapash Dey Sir.

Flowers are the bounty of nature which express tenderness of human emotions. According to the tradition of Indian custom, guests are welcomed with the saplings as an expression of our affection and reverence.

Prof. Dr. U.K. Neogi Sir addressed the audience and briefly explained about entrepreneurship and other related topics.

Dr. Anjali Nigam Ma'am told that the institution has launched MERI Start-up Hub. The hub for nurturing Innovative Minds with an overall objective to establish practical application of knowledge to facilitate entrepreneurship, and to facilitate all aspiring entrepreneurs and innovators to put their innovative ideas into practice by gaining holistic working understanding & learning of the entire gamut of the startup ecosystem and an insight into all aspects of 'making your innovation market ready.'

Smt. S. Sakthi Rani Ma'am talked about the objectives such as: facilitate access to credit for MSMEs & small businesses to meet their varied financial requirements across the business life cycle and provide financial services, promote holistic development of the MSME sector & small businesses in the state by providing institutional support, Enable MSMEs for scaling up their technology and product quality levels, etc.

Dr. RK Bharti Sir was the chief guest for the program. He started with a small story through which he explained that one should enter into field with full knowledge like what are its pros and cons, how to deal with a particular situation , one should be a good decision maker, and many other things.

Shri Neeraj Sharma Sir told audience about the different schemes offered by the Ministry of India. The schemes were: Prime Minister Employee Generation Programme, International Cooperation Scheme, National SC-ST Hub, A Scheme for Promoting Innovation, rural Industry and Entrepreneurship and link was shared with the students to have more information about the same.

Sh. Vinit Kashyap Sir, told their mission and vision of the NSIC. Also, marketing has been identified as one of the most important tool for business development. It is critical for the growth and survival of MSMEs in today's intensely competitive market. NSIC acts as a facilitator and has devised a number of schemes to support enterprises in their marketing efforts, both domestic and foreign markets.

Bank's lending to the Micro and Small enterprises engaged in the manufacture or production of goods specified in the first schedule to the Industries Act, 1951 and notified by the Government from time to time is reckoned for priority sector advances. However, bank loans up to Rs.5 crore per borrower / unit to Micro and Small Enterprises engaged in providing or rendering of services and defined in terms of investment in equipment under MSMED Act, 2006 are eligible to be reckoned for priority sector advances. Lending to Medium enterprises is not eligible to be included for the purpose of computation of priority sector lending explained by Sh. Vinit Kashyap Sir. A great power dose, was given by Mrs. Vandana Ma'am . She told her entire journey and gave a motivation to all the students. She had a very interactive session with students as well.

Last but not the least, memento and gifts were presented as an expression of our gratitude and inexplicable bond which they shared today.

Lastly, a vote of thanks was given by Dr. Deepshikha Kalra Ma'am and Prof. Lalit Aggarwal Sir.

Students are interested in such more events in near future.



3.10 Report on Cleanliness drive in Lajwanti garden, Janakpuri on Saturday, 9th July 2022

CSR activity performed by our club members completed successfully. Realizing the social and moral responsibility of keeping our surroundings clean and keep them fit and healthy. The objective was to create awareness among students in our society about their responsibility towards cleanliness. Group of students of CSR Club to clean the Lajwanti garden hence fulfilling and displaying their responsibility and also maintain healthy environment and deliver positive message in the society. President of that area Mr Yogesh also support and appreciate club members efforts



3.11 Report on Online Yoga Competition held on 01/03/2021 organized by MERI CSR Club Aaghaz

The CSR Club Aaghaz organised an online contest titled Yoga for Healthy Living in 1 March 2021. The event aimed at inculcating values of healthy life in the pandemic era. Yoga poses a positive impact on life and also has numerous physical and mental benefits. Yoga in our daily lives brings in greater harmony in our thoughts, deeds and actions. The contest also aimed at encouraging the society to practice yoga. This also gives a chance to all the staff, faculties and students of the institution to contribute towards the society, environment and ultimately country. The students were asked to submit videos practicing Yoga with their family members. This activity promoted the importance of Yoga among students and society. The Club received enthusiastic participation from students.



The poster features the MERI COLLEGE logo at the top left and a '25th Anniversary' logo at the top right. The main title is 'Management Education and Research Institute'. Below this, it states 'Affiliated to GGSIPU University, New Delhi, NAAC Accredited & A+ Grade Institute by GGSIPU & Govt. of NCT of Delhi.' A central logo for 'CSR Club Aaghaz' is displayed. The main event title is 'Online Yoga Competition' with the subtitle 'Yoga For Healthy Living'. It specifies the 'Last Date To Submit Video: 1 March, 2021' and provides the 'Upload Video: <https://forms.gle/weTaY3HHmzD9Wpq26>'. The bottom section lists 'Faculty Coordinators' as Prof. (Dr.) Deepshikha Kalra, Dr. Malini, Ms. Nivedita Sharma, and Ms. Sheeta Marang, along with a WhatsApp contact number '+91 - 99102 44402' and the institute's address and website.

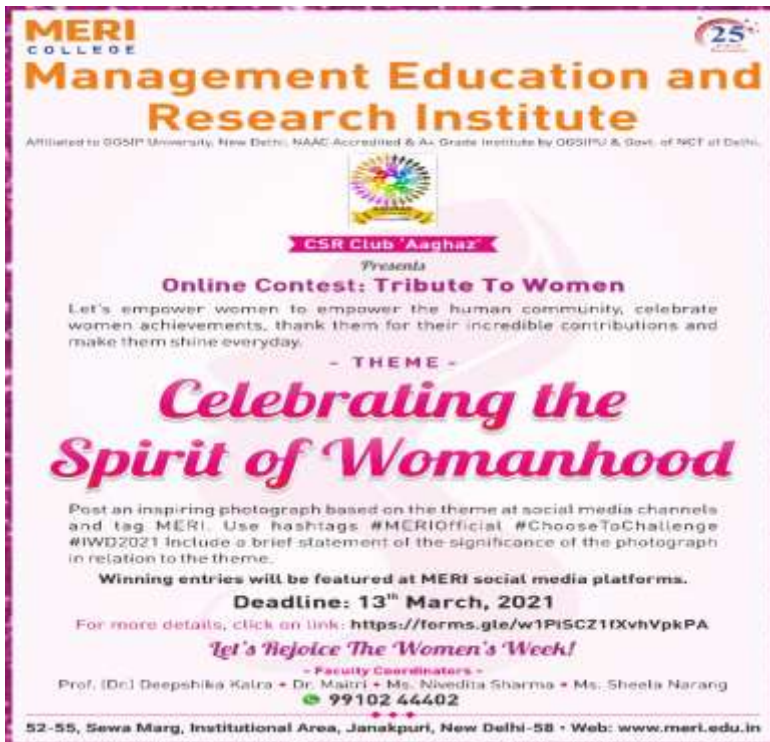
Glimpse of students practicing Yoga:-




3.12 Report on Online Contest: Tribute to Women organized held on 13/3/2021 by CSR Club Aaghaz

CSR Club Aaghaz organized an online competition titled Tribute to Women on the occasion of International Women's Day on 13th March 2021. The competition aimed to empower women, celebrate women achievements and thank them for their incredible contributions. MERI students shared inspiring photographs


based on the theme “Celebrating the Spirit of Womanhood” and a brief description of the significance of the photograph in relation to the theme. The Club received active participation from students in the competition.



MERI COLLEGE 

Management Education and Research Institute

Affiliated to GGSIPU University, New Delhi; NAAC Accredited & A+ Grade Institute by GGSIPU & Govt. of NCT of Delhi.



CSR Club 'Aaghaaz'
Presents

Online Contest: Tribute To Women

Let's empower women to empower the human community, celebrate women achievements, thank them for their incredible contributions and make them shine everyday.

- THEME -

Celebrating the Spirit of Womanhood

Post an inspiring photograph based on the theme at social media channels and tag MERI. Use hashtags #MERIOfficial #ChooseToChallenge #IWD2021 Include a brief statement of the significance of the photograph in relation to the theme.

Winning entries will be featured at MERI social media platforms.

Deadline: 13th March, 2021

For more details, click on link: <https://forms.gle/w1PISCZ1IXvhVpkPA>

Let's Rejoice The Women's Week!

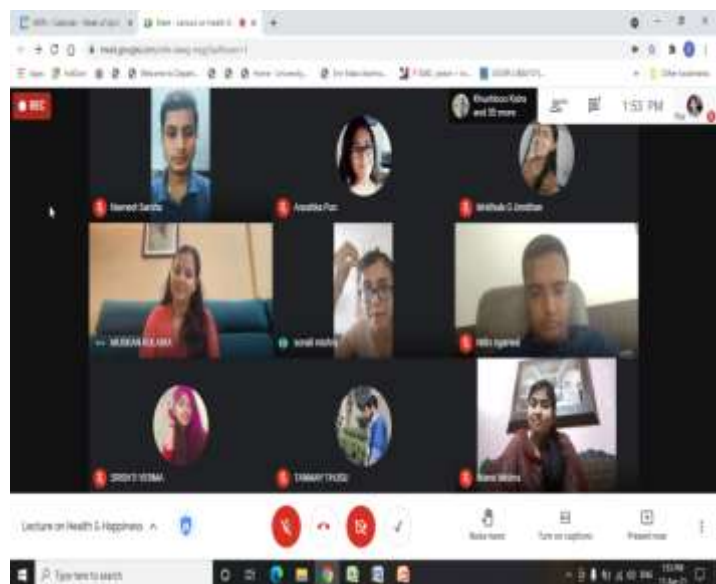
- Faculty Coordinators -
Prof. (Dr.) Deepshika Kalra • Dr. Maitri • Ms. Nivedita Sharma • Ms. Sheela Narang
99102 44402

52-55, Sewa Marg, Institutional Area, Janakpuri, New Delhi-58 • Web: www.meri.edu.in

3.13 Report on Online Lecture on Health & Happiness held on 17/4/2021 organized by CSR Club Aaghaz

The CSR Club Aaghaz has conducted an online lecture on Health & Happiness on 17th April 2021. The renowned speaker and physics enthusiastic – Ms. Muskan Kularia talked about various ways to stay happy in our lives. She provided insights on how to remain during every phase of our lives. She talked about Yoga and meditation as the way to cope us with stress. She also told the students that Yoga is all about being kind to others and to our own selves. It eliminates the very often vein of judging people harshly or unfairly. It brings down the agitation and restlessness in us and sets us on the path of a calm, meaningful and focused way of living. The Club received enthusiastic participation from students.

Glimpse of the activity:-



3.14 Report on Online training session on Holistic Wellness held on 23/09/2020 organized by MERI CSR Club Aaghaz.

NSS unit of MERI organized an online training session on Holistic Wellness Program by Aegis Network in Sep 2020. MERI CSR club Aaghaz organized the session. The speaker of that program was Mr. Kavita Sharma.

Many students joined the session and learned a lot of new things about Holistic Wellness. It was an enriching session and got appreciated by students.

MERI COLLEGE

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**NSS Unit of MERI
AAGHAZ**

Organises online training session

Holistic Wellness Program
by Aegis Network

Expert Speaker
Mr. Kavita Sharma
Corporate Trainer

23rd Sep, 2020

3.14 Report on "How to crack entrance exam and stress related to it." held on 30/5/2020


Department of Journalism and Mass Communication of Management Education and Research Institute organized a virtual guest lecture for students by Prof. Umesh Kalra On "How to crack entrance exam and stress related to it."

Objective of the event





- To motivate the students to pursue their goal with determination.
- To tell the students about how to manage stress
- To inform students that they should be focused on what they want.

A virtual interaction was organized by Department of JMC with one of the known former IES officer, Prof. Umesh Kalra. Zoom Webinar opened with motivational remarks of Prof Dr. Dilip Kumar, HoD, JMC. During entrance exams students take much stress and are not able to cope up with the stress. Prof Umesh gave tips to students how to deal stress and how to crack entrance exams. He gave emphasis on balancing professional and personal life, making right utilization of time and keeping focus on goals.

The session ended with closing remarks of Co-convenor, Ms. Nivedita Sharma. She concluded saying balance is important and essential to make things smooth. One has to take everything along; we cannot surpass anything but make you sure about balancing right. The Session was very interactive as he connected life to old songs which gives you motivation to work for what you want in your life. He motivated students about their passion and cleared some queries of the students. It came out as a wonderful, interactive and informative session.

MERI COLLEGE **MERI Group of Institutions** 
A+ Grade by GGSIPU & Delhi Govt. NAAC Accredited
AICTE & BCI Approved, Affiliated to GGSIPU & MDU

How to Crack Entrance Exams & Dealing with Stress Related to it

Welcome Address	Keynote Speaker	Moderator
 Prof. Lalit Aggarwal, Vice President, MERI Group of Institutions	 Prof. (Dr.) Umesh Kalra Former IAS officer, Renowned Academician	 Prof. (Dr.) Dilip Kumar, Renowned Journalist, Renowned Academician
 Coordinator Ms. Nivedita Sharma, Faculty, Department of Journalism & Mass Communication		30th MAY, 2020 11:00 AM

Register now <https://forms.gle/xJvDVWNGePDTW3cm7> Contact. Ms. Nivedita Sharma: 7982851340,
For Latest Information Regarding Admissions 2020-2021; <http://meri.edu.in/blog> Ms. Savita Verma: 9555369369



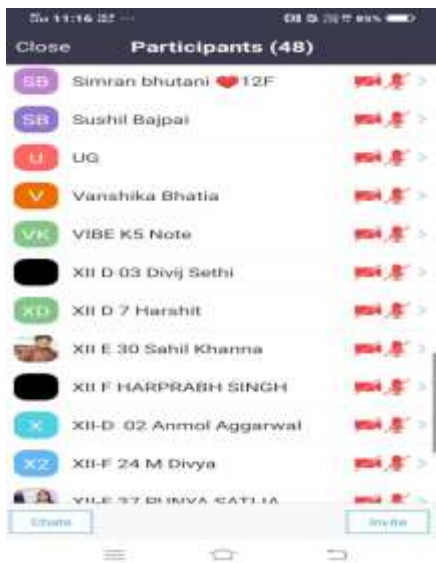
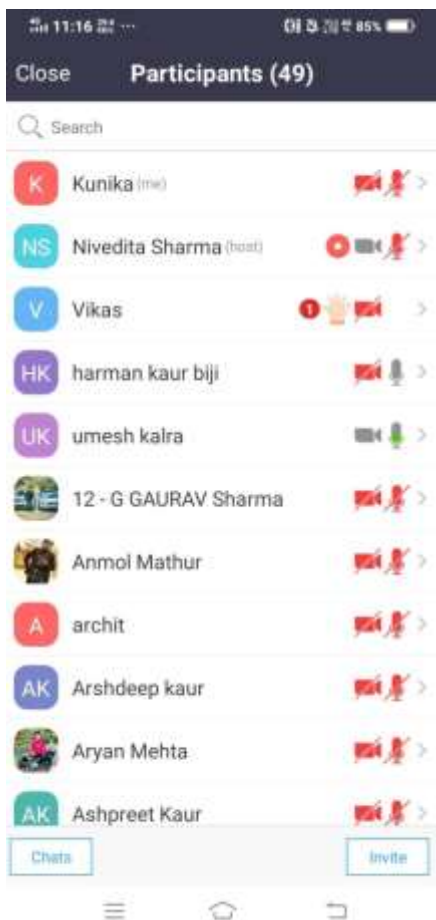
MANAGEMENT EDUCATION & RESEARCH INSTITUTE

(Affiliated to G.G.S. Indraprastha University, Recognised by N.C.T.E. & Approved by A.I.C.T.E., Ministry of HRD, Govt. of India)

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4. ICT/computing skills

4.1 Report on IOT Workshop on 22nd April 2023

“If you think that the internet has changed your life, think again. The Internet of Things is about to change it all over again! “. On 22nd and 29th April 2023. IoT Workshop – Hands on Training in Arduino is organized in premises of Management Education and Research Institute (MERI). The workshop aimed to provide students with hands-on experience on IoT concepts and technologies. The workshop is conducted by Ms. Simmi Madaan, Assistant professor, IT department; faculty cum subject expert for the event. The event was attended by over 40 students from BCA department. The workshop consisted of two parts, a theoretical session, and a practical session. In the first session, speaker presented on the basics of IoT, its applications, and how it works. The second part of the workshop was a practical session. The students were divided into groups and given IoT development kits that included sensors, microcontrollers, and communication modules. The IoT workshop was a great success. The students gained a better understanding of IoT concepts and technologies and were able to apply them in a practical setting.



Workshop on IOT held on 22nd April, 2023

4.2 Report on “Cyber Security” workshop held on 11th January 2023

On January 11, 2023, the IT Department at Management Education and Research Institute (MERI) College organized a highly informative and essential workshop on the critical subject of "Cyber Security." The session was conducted by Mr. Raghvendra, a renowned expert from CISCO, who brought valuable insights and expertise to our students and faculty. Students of all the branches were invited for the workshop. There were around 17 participants who gained the knowledge about cyber threats and vulnerabilities. Workshop equipped the participants with essential knowledge and skills to safeguard digital assets and data and provide insights into best practices for ensuring cyber resilience.



Workshop on Cyber Security held on 11th January, 2023

4.3 Report of seminar on “e₹-Digital Rupee : A Step Towards Digital Transformation” organized by MERI on 17th December, 2022 (Saturday)

Chief Guest : Dr. A.K. Garg- Former Senior Director, MeitY, GOI, Advisor, Koan Advocacy on Technology and Growth.

Guest of Honour : Mr. Manish Meena, Assistant Commissioner, MCD, West Zone.

Key Speakers : Mr. Pradeep Roy- Finance Controller, TATA Digital and Mr. Ankush Bhandari- (IIT Bombay), Managing Director of E+E Elektronik, Mumbai, Maharashtra.

Panelist : Mr. Amit Saxena Head- Inventory Finance at ICICI Bank, Mr. Saket Kapoor Zonal CMS Head, Yes Bank; Mr. Gaurav Wadhwa Regional Head - Institutional Business (TASC); Mr. Saket Vaidya-Yes Bank, Mr. Pankaj Aggarwal-Yes Bank and Mr. Praveen Rai -Yes Bank.

Organizing Committee: Prof. (Dr.) Deepshikha Kalra Dean – MERI, Dr. Gurpreet Kaur Chhabra- Associate Professor Ms. Shweta Ahuja Assistant Professor; CMA Ajay Jain - Assistant Professor, Mr. Ishwar Singh- Assistant Professor.

Organized By : IQAC - Internal Quality Assurance Cell, MERI College, Janak Puri.

The Seminar on “Digital Rupee” Started at 10:00 am. Our President Shri I.P. Aggarwal blessed all with his gracious presence during the seminar. The Chief Guest and Guest of Honor of the seminar was Dr. A.K. Garg and Mr. Manish Meena, Assistant Commissioner of MCD, West Zone. Shri I.P. Aggarwal, President-MERI along with Dr. Garg and Mr Meena lighting the lamp. The Seminar started by presenting the bouquet to Dr. Garg and Mr. Manish Meena. Thereafter, Shri I.P. Aggarwal Sir by delivered the welcome and an inaugural speech on the topic “ Digital Rupee”. How the decision of RBI regarding transformation of physical rupee into digital rupee will benefit the common man of the society. Thereafter, Dr. Garg delivered his speech on the Digital Rupee. He explained the significance of digital rupee in future and particularly, how digital rupee will work in rural areas and particularly to the rickshaw pullers and vegetable hawkers and others entrepreneurs in India. He also answered all the questions asked by our students.

Thereafter, Meena Sir, Assistant Commissioner of MCD, West Zone enumerated the role of digital rupee and how it will be helpful to the society. He also explained how Garbage problem is faced by the society but now with the help of digital rupee, it will be easy for all of us to transfer the fund easily.

Shri I.P. Aggarwal Sir presented the momentum as a token of respect to Dr. A.K. Garg and Shri S.K. Aggarwal -MERI also presented momentum to Mr. Meena.

Prof.(Dr.)Deepshikha Kalra Madam, Dean-MERI and Dr. Tapash Dey, HR-Head especially thanks to both Dr. Garg, The Chief Guest of seminar and Mr. Meena, The Guest of Honour whose gracious presence added the colors in the seminar and became the part of our Finance Seminar on Digital Rupee due to their busy schedule.

Finally, the Vote of thanks was given by Dr. Gurpreet Kaur Madam, Associate Professor-MERI and thanks to both the delegates and also thanks to Shri Aggarwal Sir, faculties, staff and all the students who seated there patiently and learned the role of Digital Rupee in India.

The Panelist discussion begun after lunch. In the first round of Panel discussion, There were two panelist namely Mr. Pradeep Roy, Finance Controller-Tata NUAL and Mr. Ankush Bhandari, IIT Bombay and MD of E+E, Electrolica who attended the seminar virtually.

Mr. Roy elaborated the futurist role of digital rupee in india and how the CBDC will work in the coming time as currently, it is the pilot project of RBI, GoI. Thereafter, Mr. Ankush Bhandari also enumerated the role of digital rupee and to what extent it will be beneficial to all the stakeholders of the society. Roy sir and Bhandari sir answered all the questions asked by our students and even clear their doubt problems as to the implementation of digital rupee in India.

In the second round of panel discussion, Mr. Amit Saxena, ICICI Bank, Mr Saket Kapoor-Yes Bank, Mr. Praveen Rai -Yes Bank, Mr. Pankaj Aggarwal-Yes Bank, Mr. Sanchit-Yes Bank, Mr. Saket Vaidya-Yes Bank and Mr. Gaurav Wadhwa attended the Seminar of Finance on “Digital Rupee”

Mr. Amit Saxena explained the role of digital rupee and how it will effectively work in our India. Students asked many questions over digital rupee and Mr Amit Saxena answered all the queries of our students.

Mr. Saket Kapoor also summarized the importance of digital rupee and how it is beneficial to the society.

CMA Ajay Jain Sir remained the moderator during the entire panel discussions.

Finally, vote of thanks was given by CMA Ajay Jain Sir, Assistant Professor-MERI and Mr. Ishwar Singh, Assistant Professor-MERI. Mr. Jain and Mr. Singh-MERI Both thanks to Mr. Pradeep Roy and Mr. Ankush

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