



MANAGEMENT EDUCATION & RESEARCH INSTITUTE

(Affiliated to G.G.S. Indraprastha University, Recognised by N.C.T.E. & Approved by A.I.C.T.E., Ministry of HRD, Govt. of India)

52-55, INSTITUTIONAL AREA, JANAKPURI, NEW DELHI – 110058

PHONES : 011-28522201, 28522202, 28522203 FAX : 011-28522204

E-MAIL : meribs@meri.edu.in Website : www.meri.edu.in

3.4 Extension Activities

3.4.1: Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years

Outcomes Of Extension activities in terms of impact and sensitizing the students to social issues for holistic development

Over the past five years, MERI College has significantly impacted the neighborhood community through its comprehensive extension activities, while also sensitizing students to social issues and fostering holistic development. The CSR Club further extends its outreach by addressing various societal issues, such as youth and women's safety. Annually, the institution collaborates with Delhi Police to organize self-defense camps for girls, equipping participants with essential skills for self-protection and boosting their self-confidence. The college's NSS unit is dedicated to encouraging students, particularly girls, to engage in societal service, promoting empathy, collaboration, and civic responsibility. This initiative empowers students to step beyond their comfort zones and develop into confident, compassionate, and socially conscious leaders. By organizing self-defense workshops, the club empowers women and youth with the skills and confidence to protect themselves, enhancing their personal safety. Notably, on February 7, 2023, the NSS unit attended the launch of a two-month Digital Literacy Programme on Women and Youth Safety at Delhi Police Headquarters in collaboration with Meta India. This initiative aimed to promote online safety for youth and women by disseminating cyber safety strategies. Renowned officials from Delhi Police and Meta India educated students on preventing cyber crimes and raising awareness about their various forms.

The CSR Club Aaghaz of MERI, in association with Delhi Police, organized a five-day CSR Ssakthi camp to provide self-defense training for female students of the college. The chief guest for this camp was Mr. Mukesh Meena, Special Commissioner of Police, Training, accompanied by Mr. Manish Meena, Assistant Commissioner MCD. Over 100 female students participated in the event.



MANAGEMENT EDUCATION & RESEARCH INSTITUTE

(Affiliated to G.G.S. Indraprastha University, Recognised by N.C.T.E. & Approved by A.I.C.T.E., Ministry of HRD, Govt. of India)

52-55, INSTITUTIONAL AREA, JANAKPURI, NEW DELHI – 110058

PHONES : 011-28522201, 28522202, 28522203 FAX : 011-28522204

E-MAIL : meribs@meri.edu.in Website : www.meri.edu.in

Women's self-defense ultimately provides freedom, enabling them to defend against mental, emotional, and physical challenges. Women confined by fears are often unable to express themselves fully. During the camp, trainers shared instances related to domestic violence, dowry issues, cruelty by husbands and in-laws, sexual harassment in public and private spaces, workplace harassment, stalking, and obscene calls reported to the Special Police Unit. They also offered valuable advice and tips to help female students avoid situations and circumstances that might lead to unwanted incidents.

Additionally, the college's Discipline Committee ensures a safe environment by maintaining zero tolerance against teasing and ragging, supported by rigorous security measures including 24-hour CCTV surveillance and security guards. With dedicated efforts to enhance campus safety through measures such as boundary walls and restricted entry signboards at the girls' hostel, the institution provides a secure learning environment. Through these sustained efforts, MERI College has successfully contributed to societal betterment while nurturing the holistic development of its students.

Organized by the CSR Club Aaghaz, the session featured Mr. Kavita Sharma as a speaker. Additionally, the club held an online quiz on environmental sensitization to encourage responsible resource usage and a poster-making competition on the theme #Beat Plastic Pollution for World Environment Day 2023. These efforts highlight MERI College's commitment to societal betterment and the holistic development of its students. Environmental conservation efforts, including tree plantation drives and clean-up campaigns, have raised awareness about sustainable practices and the importance of preserving natural resources.

The college organizes seminars, workshops, counseling sessions, and guest lectures to educate students on various aspects of gender equality. By promoting a gender-equitable education system, MERI College aims to advance prosperous economic and social development. Cultural and theatre clubs enhance this initiative by performing plays on women's empowerment and gender equity, stimulating dialogue, encouraging critical thinking, and inspiring attitudinal shifts within the community. Key initiatives include seminars on Gender Diversity, mentoring sessions on equality,



MANAGEMENT EDUCATION & RESEARCH INSTITUTE

(Affiliated to G.G.S. Indraprastha University, Recognised by N.C.T.E. & Approved by A.I.C.T.E., Ministry of HRD, Govt. of India)

52-55, INSTITUTIONAL AREA, JANAKPURI, NEW DELHI – 110058

PHONES : 011-28522201, 28522202, 28522203 FAX : 011-28522204

E-MAIL : meribs@meri.edu.in Website : www.meri.edu.in

POSH programs, and gender equity promotion activities. By cultivating a culture of equality and challenging stereotypes, the institution ensures that everyone, regardless of gender, can thrive and contribute fully, driving the momentum of empowerment for girls and women.

The club has focused on critical areas such as youth and women's safety, environmental conservation, and elder care. Notably, it has implemented sanitation initiatives in nearby villages like Sagarpur and Nasirpur, improving hygiene and living conditions. Additionally, the club's elder care programs provide support and companionship to senior citizens, fostering a sense of community and respect for the elderly. Through these activities, the CSR Club not only contributes to societal betterment but also nurtures a sense of empathy, responsibility, and civic duty among students, essential for their holistic development.